



7-DAY SAILING EXCURSION IN CHALKIDIKI AND MOUNT ATHOS

2019 PROGRAMME



Chalkidiki, with its three peninsulas *Kassandra*, *Sithonia* and *Mount Athos*, is one of the most beautiful landscapes of Greece. It fascinates with its crystal clear waters (the sea and the many clean beaches receive every year more blue flags from the European Community than any other Prefecture), picturesque villages, deserted beaches and bays surrounded by tall pine trees. It also offers ideal and safe sailing conditions since it is protected from the occasional strong winds of the Aegean.

Our fully equipped yachts as well as our experienced skippers guaranty safe and unforgettable 7-day sailing vacation to Chalkidiki and Mount Athos, which for more than a thousand years has been the centre of orthodox. The unique combination of deep blue sea, mountains (to look at the 2033 m. high-top of Mount Athos is breathtaking) monasteries and monk-villages is incomparable – a left over memory of the Byzantine.



Our well-trained skippers will show you the monasteries that we can see from a distance of 500 m. if women are on board (with men only on board we can go much closer). As one of the oldest rules of *Mount Athos* from the 11th century forbids women to get in the monks republic, this is the only possibility for you, ladies, to see the monasteries at least from the sea.

Our boats depart every Saturday at 7:00 a.m. from the Marina of Thessaloniki and return on Friday evening.



The full excursion's programme is as follows:

- **Friday** at 18:30, we gather (those who have arrived in Thessaloniki) at our company's office, where you meet your skipper and get acquainted with the rest of the group.
- On **Saturday** morning we meet at 7:00 at the Marina of Thessaloniki and set sails. After our first short stop for swimming - lunch - rest at *Sani* or *Posidi* (beautiful beaches on *Kassandra/Chalkidiki*), we arrive at *Skioni* late in the afternoon.
- On **Sunday** morning we set sail for the bay of *Marathia* (Sithonia) and in the afternoon we leave for *Sikia* or *Sarti* and spend the night there.
- On **Monday** we set off for the small island *Diaporos*, on which we find just a few private summerhouses, for swimming, eating and relaxing. In the afternoon we depart for the island of *Amouliani* or *Ouranoupolis*.
- On **Tuesday** morning we sail along the coast of **Mount Athos**, where we see at the Gulf of *Siggitikos* the 7 monasteries, *Koutloumoussiou*, *Zografou*, *Xenophontos Konstantonitou*, *Panteleimonas*, *Simonos Petras*, *Grigoriou*, *Dionisiou* and *Pavlou*. With appropriate weather conditions we then sail to the cape of *Akrathos* where we can see the Monastery of *Megisti Lavra*. That night we spend in the natural harbor of *Porto Koufo*.
- On **Wednesday** we set out and reach the small beautiful bays close to *Porto Carras* and in the afternoon we arrive at the *Porto Carras* Hotel-complex. Here, we find a modern marina with bars, restaurants and shops, a golf course, tennis, horse riding, a casino and any kind of water-sports. With a taxi you may also visit the near-by village of *Neos Marmaras*.
- On **Thursday** we sail to the turquoise bays of *Paliouri* or *Posidi* (*Kassandra*) for swimming, lunch and rest and in the afternoon we leave for *Porto Sani* or *Nea Moudania* where we spend the night.
- On **Friday** morning we set off for Thessaloniki and arrive at the marina in the afternoon. At the Marina, with our captain's help and instructions we clean and tidy-up the boat.



The price of this 7-day excursion is **500,00 Euro** per person and includes: accommodation on board, fuel and water for the boat, skipper and moorings. In order to register, a 50% payment in advance is required (250 €) while the rest 50% (250 €) should be paid –the latest- one week prior to departure.

Suitcases are not allowed on board, so you should please use a small sport bag (without wheels). Every participant should bring: one pair of light-coloured rubber-soled shoes to use onboard (not black sole because it leaves marks all over the boat), warm clothes for night sailing and in case of a bad weather, a jacket (oilskin), sun protection cream (high SPF), swim

suits, shorts, T-shirts, a towel and optionally a sleeping-bag. We provide sheets, pillows and pillowcases. But please take as little as possible, because there is limited storage space onboard.

The sailing excursion in Chalkidiki and Mount Athos takes place from April till October, as long as there are minimum 4 participants. Small changes in the above route may take place due to the weather conditions.

For further information, available dates and reservations please e-mail us at: mse@sail.gr or call: +302310-429.770, +302310-429777 and +306944-439.514.

Below you can see the map with the routes described above.

